# AN ASSESSMENT OF THE IMPORTANCE OF THE EDEN ESTUARY AND THE FIRTH OF TAY FOR NON-BREEDING POPULATIONS OF WADERS

A report from the British Trust for Ornithology to the Nature Conservancy Council in respect of certain work done under Contract No. HF3/03/192.

July 1983

M. E. Moser

British Trust for Ornithology

Beech Grove

Tring

Hertfordshire HP23 5NR.

Nominated Officers:

British Trust for Ornithology

Dr. R. J. O'Connor

British Trust for Ormithology

Beech Grove

Tring

Hertfordshire

HIT23 5NR

Nature Conservancy Council

Dr. D. R. Langslow

Chief Scientist's Team

Nature Conservancy Council

Godwin House

George Street

Huntingdon

PE18 6BU

## LIST OF TABLES

Table 1 Peak midwinter counts of waders on the Eden Estuary Table 2 Frequency of occurrence of nationally important numbers of waders on the Eden Estuary Table 3 Peak midwinter counts of waders on the Inner Tay Frequency of occurrence of nationally important numbers of Table 4 waders on the Inner Tay Table 5 Peak midwinter counts of waders on the Outer Tay, north shore Table 6 Frequency of occurrence of nationally important numbers of waders on the Outer Tay, north shore Table 7 Peak midwinter counts of waders on the Outer Tay, south shore Table 8 Frequency of occurrence of nationally important numbers of waders on the Outer Tay, south shore

## LIST OF FIGURES

Estimated numbers of waders wintering on the Firth of Tay

Figure 1 The area covered by the present report

Table 9

Figure 2 Long-term population trends in some wader species on the Eden Estuary 1970-1983

#### APPENDIX

Appendix Qualifying levels for national and international importance

## SUMMARY

Counts of waders collected for the Birds of Estuaries Enquiry were searched for evidence of the conservation importance of the Eden Estuary and Firth of Tay (Fife, E. Scotland) for non-breeding wader populations. Peak midwinter counts of 15000 and 16000 waders were recorded for the two sites respectively. Both estuaries regularly support nationally important numbers of Oystercatcher, Grey Plover, Bar-tailed Godwit and Redshank. The Eden also supports a nationally important population of wintering Black-tailed Godwits and a spring passage of Ringed Plovers, while the Sanderling flock which winters on the Outer Firth of Tay also qualifies for national importance. Neither estuary is of international importance to wader populations. Long-term population changes of the most important species on the Eden suggest that wintering numbers of Oystercatcher, Bar-tailed Godwit and Black-tailed Godwit are stable, while Grey Plover are increasing and Redshank are declining. These trends agree with the national population trends for these species.

# INTRODUCTION

The Birds of Estuaries Enquiry (BoEE) has been organised by the British Trust for Ornithology since 1969, to provide information on the non-breeding populations of shorebirds present on estuaries around the British Isles. This information is of direct value to estuarine conservation. A synthesis of the results of the first five years of the Enquiry is given in Prater (1981), while more recent summaries are found in Marchant (1981) and Salmon (1980, 1981, 1982).

The present report, prepared at the request of the NCC Chief Scientist Team, summarises the information collected for BoEE between 1969 and 1983 concerning the Eden Estuary and Firth of Tay on the east coast of Scotland. The conservation importance of these estuaries to wader populations is assessed in a national and international context. Further information on the ornithological importance of these estuaries is given by Grierson (1962) and Summers and Bakx (1979).

## METHODS

Data concerning the numbers of waders present on the estuaries were collected from mid-monthly counts made at high water on spring tides, when the waders concentrate into discrete, countable roosts. For the present analysis, the area has been divided into four subunits (Figure 1):

- 1. The Eden Estuary (upstream from Edenmouth St. Andrews).
- 2. Inner Firth of Tay (upstream from the roadbridge).
- 3. Outer Firth of Tay, north shore (readbridge Buddon Ness).
- 4. Outer Firth of Tay, south shore (Abertay Tentsmuir Sands).

All wader counts made within these areas were examined, and incomplete counts, or counts ruined by bad weather were discarded. The remaining data are summarised for each area in two tables showing: a) the peak midwinter counts (December-February inclusive) for each species in the five most recent years of counts available, and b) the frequency with which counts of each species qualified for the criteria of national or international importance. Qualifying levels and an explanation of the criteria are shown in Appendix. Additional information concerning passage populations, roosting sites, population trends etc., is given in the text.

#### RESULTS

# 1. Eden Estuary (upstream from Edenmouth - St. Andrews)

Between 8000 and 15000 waders regularly winter on this estuary (Table 1).

Five species occur regularly in nationally important numbers: Oystercatcher,

Grey Plover, Black-tailed Godwit, Bar-tailed Godwit, Redshank (Table 2).

Ringed Plover also occur in nationally important numbers on spring

passage. No species qualify at an international level. Long-term

trends in the populations of these species (Figure 2) suggest stable

populations for Oystercatcher, Black-tailed Godwit and Bar-tailed Godwit,

while Grey Plovers have increased and Redshank have declined. These

changes are in agreement with national population trends for these

species (Salmon 1982).

There are two major roosts on the Eden Estuary, at Guardbridge (NO 452193) and Shelly Point (NO 483202) (Figure 1). When disturbed, birds from the latter roost use an alternative site at Eastshore (NO 497223). The roost at Guardbridge is used mainly by Dunlin, Redshank and Black-tailed Godwit, with smaller numbers of Curlew, Oystercatcher and Golden Plover. In contrast, the Shelley Point roost is used principally by Oystercatchers, Curlew and Bar-tailed Godwit.

# 2. Inner Tay Estuary (upstream from the roadbridge)

Up to 9000 waders roost in this area in winter, although 4000-5000 may be more usual (Table 3). Redshanks are the only species of regular national importance, although Bar-tailed Godwits and Dunlin occasionally reach this status (Table 4). The importance of the area for Bar-tailed Godwits will be underestimated by roost counts, as many depart at high water to roost at Tentsmuir Point (NO 503280). No species attains international levels of importance.

Counts of waders for the Inner Tay have been made for the north bank only as there are no known major roosts on the south shore. The largest roost occurs to the west of Kingoodie (NO 331293), while there are smaller roosts at Dundee Airport (NO 375293) and Errol (NO 260223). Field roosting occurs frequently.

- Outer Tay Estuary, north shore (readbridge to Buddon Ness)

  The peak midwinter counts for this area have not exceeded 5000 birds in the few years for which counts have been available (Table 5).

  Disturbance by walkers is severe, and the numbers of roosting birds are highly erratic. The only species to regularly occur in nationally important numbers is Sanderling (Table 6). A review of the status and behaviour of Sanderlings in this area is given by Summers (1974).

  Alternative roosting sites used by the birds from this area are:

  Buddon Ness (NO 546304), Balmossie Fields (NO 475330), Lucky Scalp

  (NO 482 288), Tentsmuir Point (NO 503280).
- 4. Outer Tay Estuary, south shore (Abertay to Tentsmuir Sands)

  The peak midwinter count of waders roosting in this area has been as high as 12600 birds, although it is more often less than 5000 (Table 7).

  Four species occur regularly in nationally important numbers:

  Oystercatcher, Grey Plover, Bar-tailed Godwit and Sanderling (Table 8).

  Redshank occasionally roost here in large numbers. No species attains international status.

The erratic use of this site by waders is explained by two factors.

Firstly, there can be considerable movements into this area at high water from birds which feed outside the area (Inner Tay, Outer Tay, north shore). These can be both natural movements, and movements induced by disturbance elsewhere. Secondly, on neap tides, a roost develops on the Lucky Scalp. This lies well offshore and the roost cannot always be counted.

# DISCUSSION

The area treated by the present report falls geographically into two relatively discrete intertidal areas: the Firth of Tay and the Eden Estuary. Few movements of waders occur on a single tidal cycle between these sites, though there may be much movement within the sites. The two areas must therefore be assessed separately.

Simultaneous roost counts have not been made over the entire Firth of Tay, but an estimate can be made of the total wintering population of each species from knowledge of the movements of birds within the area. This gives an estimate of 16000 waders (Table 9). Five species are of national importance: Oystercatcher, Grey Plover, Bar-tailed Godwit, Redshank, Sanderling. All five had already qualified at a national level from counts made in the three subareas. No species qualified for international importance.



# ACKNOWLEDGEMENTS

The Birds of Estuaries Enquiry is co-sponsored by the British Trust for Ornithology/Royal Society for the Protection of Birds/Nature Conservancy Council. The counts analysed in the present report were largely organised and undertaken by R. W. Summers, J. G. Young, P. Kinnear, N. K. Atkinson, B. M. Lynch, E. Maguire and I. Strachan. Mrs E. Murray drew the figures and Mrs D. M. Smallwood typed the text and tables. I am grateful to Dr R. J. O'Connor for commenting on the text.

#### REFERENCES

- Grierson, J. 1962 Scott. Birds 2: 113-164. A Check-List of the Birds of Tentsmuir, Fife.
- I.W.R.B. 1980 Conference on the Conservation of Wetlands of International Importance Especially as Waterfowl Habitat. Cagliari, Italy, 24-29 Nov. 1980. 42 pp.
- Marchant, J. H. 1981 (Ed.) Birds of Estuaries Enquiry 1976-77 to 1978-79. British Trust for Ornithology, Tring.
- Prater, A. J. 1981 Estuary Birds of Britain and Ireland. Poyser, Calton.
- Salmon, D. G. 1980 (Ed.) Wildfowl and Wader Counts 1979-80. Wildfowl Trust, Slimbridge.
- Salmon, D. G. 1981 (Ed.) Wildfowl and Wader Counts 1980-81. Wildfowl Trust, Slimbridge.
- Salmon, D. G. 1982 (Ed.) Wildfowl and Wader Counts 1981-82. Wildfowl Trust, Slimbridge.
- Summers, R. W. 1974 Tay Ringing Group Report 1974, 12-14, Sanderlings in the Firth of Tay.
- Summers, R. W. and A. Bakx 1979 Tay Ringing Group Report 1978-79, 26-39, Wader populations on the Eden Estuary, Fife, 1970-74.

	÷	-	

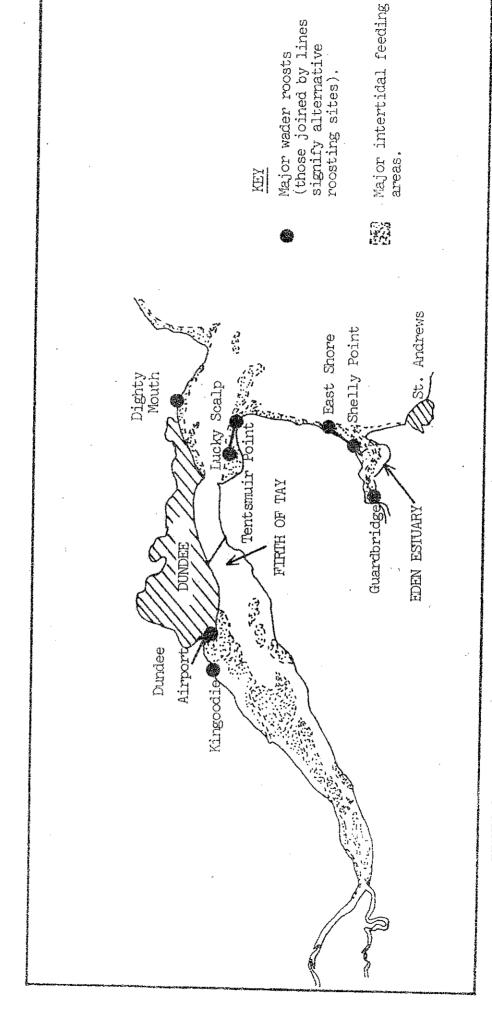


FIGURE 1 The area covered by the present report

Table 1 Peak midwinter counts of waders on the Eden Estuary (Fife) for the five most recent winters for which BoEE counts are available

	1976-77	1978-79	1979-80	1980-81	1.982-83
Oystercatoher	3000	3134	3126	3780	2780
Lapwing	270	202	1150	125	393
Ringed Flover	80	0	0	0	13
Grey Flover	4.30	387	734	979	85.4
Golden Plover	170	779	257	29	246
Common Snipe	O	0	러	0	0
Curlew	55.4	564	253	125	198
Black-tailed Godwit	70	69	. 98	09	57
Bar-tailed Godwit	1000	2350	2500	1512	1603
Redshank	700	612	765	320	426
Greenshank	CJ.	· †	Н	8	Ø
Knot	3500	928	500	2000	130
Dunkin	5500	3300	3277	1875	1566
Sanderling	0	,	30	0	0
Ruff	σ,	Ö	Н	9	7
TOTAL	15181	11562	12681	10450	7876

Frequency of occurrence of nationally important populations of waders on the Eden Estuary 1970-1983. Each figure represents the number of years in which the count exceeded 1% of the British population of that species. Table 2

	JUL	AUG	SEP	TOO	NOV	DEC	JAN	FBB	MAR	APR	MAY	JUN
Oystercatcher	ł	Ø	3	-4	ιŲ	К	ъ.	. ~	ı	ı	1	1
Lapwing	1	ì	1	i	ŧ	ŧ	ŧ	ŧ	ī	ı	ł	į
Ringed Plover	***	ì	ì	i	Н	Now	1	1	1	i	8	ì
Grey Plover	Н	ά	Ø	7	М	5	Ŋ	īŲ	4	Ø	α	႕
Golden Plover	î	ţ	i	ì	Mass	1	1	. 1	i	1	ì	i
Common Snipe	I	ı	í	î	ı	1	1	S.	I	1	1	ı
Curlew	1	i	ı	i	ŝ	ŧ	ì	1	<b>.</b>	1	ı	1
Black-tailed Godwit	ł	Ø	8	Ø	4	'n	N	īU	4	'n	į	ł
Bar-tailed Godwit	Ì	0	2	ιζ	Ŋ	9	7	ထ	Ø	;i	i	i
Redshank	r-i	Î	Ċ	2	2	Ø	01	C)	러	٦	i	Ē
Greenshank	ţ	i	ı	ŧ	1	ì	ı		ı	ì	į.	í
Knot	i	ì	ŧ	ı	ten	ı	į	ş	ı	ı	1	ŀ
Dunlin	ı	ı.	1		H	\$	ŧ	1		ŧ	ŧ	1
Sanderling	ŝ	l		ı	ı	1	ŀ	ſ	i	Ĭ.	i	i
Ruff	ŧ	ŧ	1	ı	į	ì	ì	ì	1	į	i	1
Number of years in which counts were made	4	· •v	4	'n	,	~	ω	œ	. 4	<b>\</b> 0	r.	ď
								i	,	,	`	`

Table 3 Peak midwinter counts of waders on the Mirth of Tay, upstream from the roadbridge, for the five most recent winters for which Boff counts are available

	1972-73	1973-74	1974-75	1975-76	1982-83
Oystercatcher	160	160	165	1463	200
Lapwing	1000	0	800	1370	2000
Ringed Plover	22	25	Ö	0	22
Grey Plover	-‡	0	0	0	٥
Golden Plover	433	0	500	094	215
Common Snipe	27	0	75	Ø	K
Curlew	544	0	185	392	370
Black-tailed Godwit	Н	0	0	0	0
Bar-tailed Godwit	327	559	322	. 1	720
Redshank	1.04.5	006	1500	1410	2.000
Greenshank	Н	0	0		0
Knot	4	0	0	0	0
Dunlin	3000	2800	07/1	1560	0007
TOTAL	6568	444	5227.	5655	9030

Table 4 Frequency of occurrence of nationally important numbers of waders

	† • •		on the Firth represents the British	t of the r	th of Tay (upstream from the roadbridge). the number of years in which the count expopulation of that species.	tream f years f that	rom the lin which species.	roadbr h the o	ridge).	Each figure exceeded 1% of	igure 1% of	
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	NDC
Oystercatcher	ţ	\$ \$	ł	ł	. 1	ş	ŧ	ı	ı	t	ŀ	1
Lapwing	1	į	1	I	Ĭ	í	ı	ł	ì		i	ŧ
Ringed Plover	ı	ı	ı	t	ł	ł	1	ı	i	1	1	ı
Grey Plover	ı	ı	i	ŧ	i	1	i	•	ì	ı	t	i
Golden Plover	ı	ı	i	l	ł	ı	;	1	f	ŧ	ı	ı
Common Snipe	ŧ	į	ł	į	l	ſ	ı	1	ŧ	1	ı	<b>‡</b>
Curlew	ŧ	4	i	i	ŧ	1	i	ŧ	i	i	1	ŧ
Black-tailed Godwit	í	· ·	ī	į		ì	ì	F	1	í	ı	ı
Bar-tailed Godwit	ŧ	ŧ	į	ı	ı	C)	ı	rl	t		1	ŧ
Redshank	rH	2	К	2	Ķ	<b></b> i	Н	C)	гI	H	ŧ	ŧ
Greenshank	ŧ	1	i	i	ł	ţ	ı	ŧ	i		í	ŧ.
Knot	l	1	ı	. 1	ì	1	ī	İ	ŧ	i		ł
Dunlin	ī	1	i	: H	i	1	1	ŧ	į	i	ı	í
Number of years in which counts were made	m	ĸλ	4	2	ſŲ	9.	4	~	М	, <del>r i</del>	r-1 °	H

Peak midwinter counts of waders on the outer north shore of the Firth of Tay for the four winters for which BoXE counts are available Table 5

	1971-72	1972-73	1973-74	1982-83
Oysteroatcher	1062	0	30	1580
Lapwing	0	0	0	200
Ringed Flover	39	27	20	70
Grey Plover	0	0	0	r L
Golden Plover	ri	0	0	200
Turnstone	89	4-7	30	30
Curlew	35	Ó	0	65
Bar-tailed Godwit	125	0	20	350
Redshank	300	0	50	2
Greenshank	r-1	0	0	0
Knot	506	0	20	1500
Dunlin	000	07	250	300
Sanderling .	212	O <sup>†</sup> 7	125	350
TOTAL	2450	154	545	4730

Frequency of occurrence of nationally important numbers of waders on the outer north shore of the Firth of Tay. Each figure represents the number of years in which the count exceeded 1% of the British population of that species. Table 6

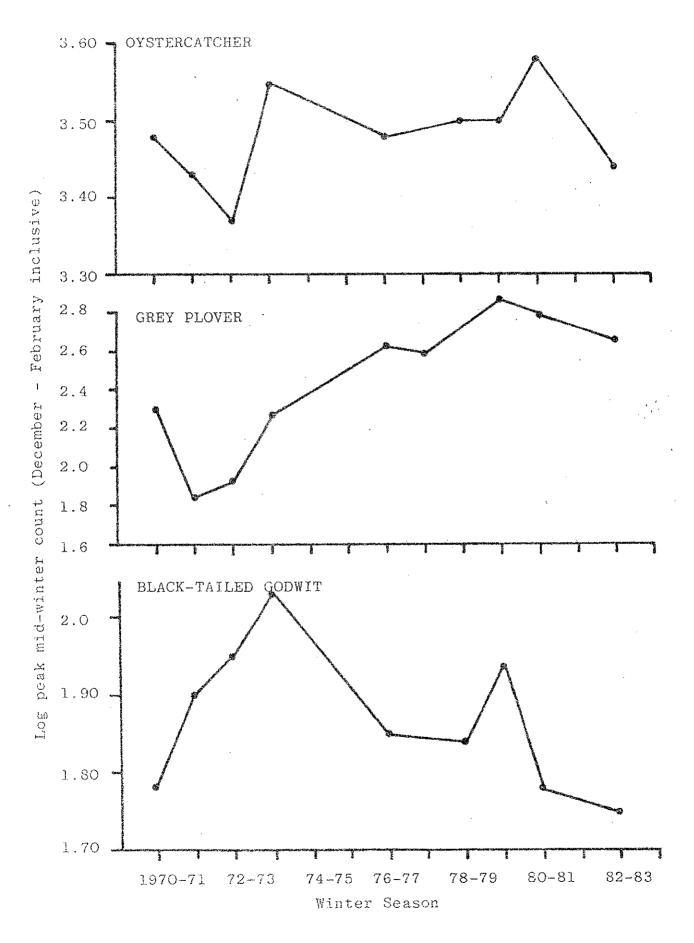
			<b>†</b> .					,				
	JUL	AUG	SEP	200	NOV	DEC	JAN	FEB	MAR	뎦	MAY	AUN
Oysteroatcher	1	i		į	}	ı	i	ì	ı	1	1	š
Lapwing	***	and the second s	i	ŧ	ı	ŧ	ı	*	1	Į	ī	í
Kinged Plover	ì	\$	ŧ	i	i	ı	ı		i	4	1	į
Grey Plover	i	***	t-	ı	ı	i,	ı	ŧ	1	ì	ŧ	i
Golden Plover	•	£	ı	1	i	i	**	I	ş	Ŧ	ı	î
Turnstone	Į	1	i	ı	į	ı	es d	1	l	ţ	Ĭ	1
Curlew	i	ī	ı	ı	ı	1	ì	į	i	ł	į	ţ
Bar-tailed Godwit	ļ	i	I		ì	ı	ı	i	1	į	ī	1
Redshank	i	î	į	i	1	I	į.	į	ţ		1	ı
Greenshank	į	ì	ŧ	ŧ	ı	ı	ı	1	i	ţ	i	ı
Knot	į	ŧ	ı	ş	1	1	ı	ì	ş	ş	ì	<b>.</b>
Dunlin	ţ	ş	i	1	ŧ	1		ŀ	1	Ę	ì	ŝ
Sanderling	ŧ	ı	ŧ	<b>-</b>	C)	C)	27	Н	: ~ <del>1</del>	1	i	ì
Number of years in which counts were made	H	러	, rd	Ø	М	Ø	4	7	N	0	0	0

Table 7 Peak midwinter counts of waders on the outer south shore of the Firth of Tay, for the five most recent winters for which BoEE counts are available

	1977-78	1978-79	1980-81	1981-82	1982-83
Oystercatcher	20	3000	800	2230	130
Lapwing	0	0	0 .	2000	0
Ringed Plover	95	0	0	35	0
Grey Plover	200	11.5	80	15	80 17.
Golden Plover	0	0	0	200	a
Turnstone	50	07	25	0	4
Common Snipe	0	0	0	М	0
Curlew	a	300	20	365	Н
Bar-tailed Godwit	1500	1000	1400	875	57
Redshank	200	50	45	1070	65
Knot	200	122	100	1500	0
Dunlin	2200	1000	300	4050	otr
Sander Ling	Ž	20	152	300	125
TOTAL	4519	564.5	2932	12643	595

	Table &		Frequency of outer south of years in that species	of occur h shore n which es.	rrence of the the co	Frequency of occurrence of nationally outer south shore of the Firth of Tay. of years in which the count exceeded lythat species.	onally of Tay. seded l	Ë 1%	portant numbers of waders on the Each figure represents the number of the British population of	numbers of waders gure represents th British population	waders ents the ulation	on the number of
	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	NIOC
Oystercatcher	ŧ	႕	3	rH	H	t	i	rd	i	ı	ŧ	ł
Lepwing	!	1	I	I	Ī	ĺ	1	ŧ	`1	\$	ł	i
Ringed Flover	1,	1	ı	1	1	ŧ	i	ŧ	ŧ	Ì	ì	1
Grey Plover	*	H	i	<b>~</b>	žų,	Н	2	ı	ş	ŧ	ŧ	ξ
Golden Plover	ŧ	ŧ	F.	l	ī	į	ı	ì	ŧ	Ĭ	. 1	ŧ
Turnstone	ì	I	1	ı	ŀ	ı	¥.	í	ı	ŧ	i	í
Common Snipe	ı	Į	ı	1	ŧ	1	i	į	ı	ŝ	į	ţ
Curlew	ł	t	t	1	ı	ľ	ı	1	ı	i	i	ı
Bar-tailed Godwit	Ø	Ŋ	5	8	Ŋ	9	2	K	႕	ŧ	ŧ	I
Redshank	1	į	t	1	r-i	ŧ	ī	ત	24	404	ı.	1
Knot	ŧ	ì	i	į	ŧ	ı	ı	1	ı	ı	ì	
Dunlin	1	ĭ	i	1	į	i	1	1 .	1	į	ł	1
Sanderling	1	ŧ	ì	· ·	ł	C)	2	ri	ł	ŀ	í	ł .
Number of years in which counts were made	<b>=</b>	īŲ	īU	<i>w</i>	œ	ω		ω,	~	, n	N	H

		ì .



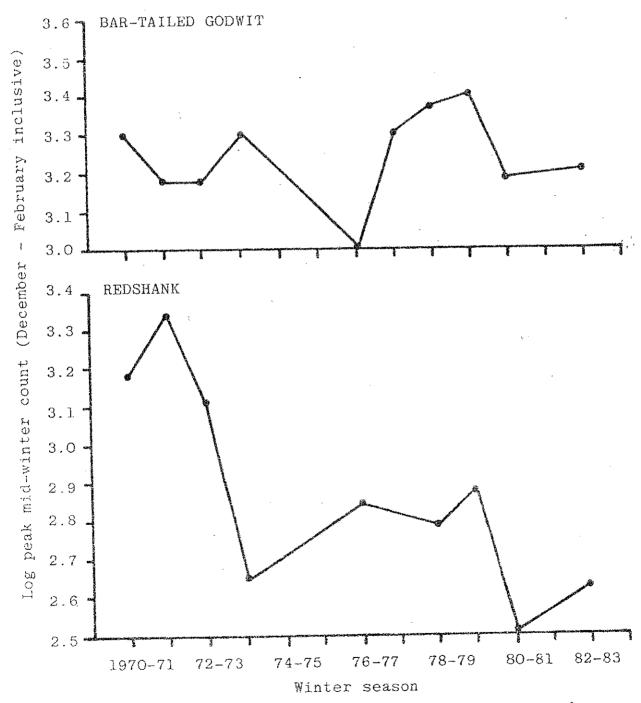


FIGURE 2 Long-term population trends in some wader species in the Eden Estuary 1970-1983.

### APFENDIX

# Criteria and Qualifying Levels for National and International Importance

A wetland is considered Internationally Important for waders if it:

- (a) regularly supports 20,000 waders.
- (b) regularly supports 1% of the individuals in a population of one species or subspecies of wader.
- (c) regularly supports 1% of the breeding pairs in a population of one species or subspecies of wader. This aspect was not treated in the present report.

(IWRB 1980)

A wetland in Britain is considered Nationally Important if it regularly holds at least 1% of the estimated British wintering population of one species or subspecies (Prater 1981a; Salmon 1981).

The table below gives qualifying levels among waders for both categories of importance.

	National (Great Britain o	International (Northwest/west European pop.)
Oystercatcher	3,000	7,500
Avocet	10ul	260
Ringed Ployer	120 (Pa	issage:300) 1,000
Golden Plover	2,000	10,000
Grey Plover	100	908
Lapwing	5,000	+20,000
Knot	2,500	3 <b>,</b> 500
Sanderling: Passage	300	500
Winter	100	150
Purple Sandpiper	180	?
Dunlin	5,500 (Pa	assage:2,000) +20,000
Ruff	<i>/</i> •4	10,000
Common Snipe	?	10,000
Black-tailed Godwit	50	400
Bar-tailed Godwit	450	5,500
Whimbrel	100	500
Curlew	1,000	3,000
Spotted Redshank	50	500
Redshank	1,000 (Pa	essage:1,200) 2,000
Greenshank	50	500
Turnstone	<b>250</b>	500

- + maximum permissible; represents under 1%
- British population too small for meaningful figure to be obtained

	2			
**				
-				
•				